



Haley Grant and her son, Skyler

CLIENT SUCCESS STORY: HALEY GRANT

Today Haley Grant is a dedicated mother to her four-year-old son Skyler, has a steady job in the restaurant industry, and is over one year sober. And though her journey to recovery has been rocky, Haley is grateful for where she is today.

In 2017, Haley came to Nexus for the third time because she no longer had a place to live, her interaction with Skyler was minimal, and her addiction to alcohol was uncontrollable. She knew something needed to change to be able to maintain long-term recovery.

Haley remembers how imperative the Adult Women Residential Program was to her success. Unlike her previous rehab experiences in the Detoxification and Outpatient programs, residential treatment allowed Haley to focus on herself and her recovery without the distractions of everyday life.

When asked what was different this time, Haley says that Nexus' Recovery Support Services (RSS) Program and her Recovery Coach, Valerie Palmer, made all the difference. It reassured her that so many Nexus employees were in long-term recovery after completing treatment at Nexus, and she started paying attention to everything they had accomplished. **She knew that if they were able to stay sober, then she could too.**

"I kept coming back because I knew that Nexus could help me."

Haley Grant

To stay on the right path for herself and her family, Haley stays in close contact with RSS and cherishes the bond that she and Valerie have built. She applies all of the coping skills and parenting methods she learned while in Outpatient to be a present and loving mother for Skyler.

To the donors that made her treatment possible, Haley extends her endless thanks. **"Your support has helped me and many, many other women."**

UPCOMING EVENTS

May

- 5 – NAMI Walks
- 24 – Corporate Council Financial Literacy Event

September

- National Recovery Month
- 19 – North Texas Giving Day

October

- 25 – A Night for Nexus

LIFE ON CAMPUS



NEXUS MISSION: To serve as a link to sobriety, independence and dignity for low-income women and their families affected by addiction. We inspire hope, offer respect, and honor the unique differences of female addicts.

VOLUNTEER STORY: ANJA WOODSON, ANN JOSEPH, AND SUSAN UNGER

With approximately 15 years between them as Women’s Auxiliary members and Clothes Closet volunteers, Anja Woodson, Ann Joseph, and Susan Unger have made Nexus a better place for women to achieve sobriety. The three have transformed the Clothes Closet into a wonderful resource for Nexus clients. Women across all programs come to meet their basic clothing needs, prepare for an interview or court appearance, and learn how to best dress for life after Nexus.

Since Anja, Ann, and Susan have taken a leadership role in the Clothes Closet, it has transformed into a welcoming and organized space for clients to enjoy. After sorting through all donations and weeding out dirty, worn and dated items, they then organize the clothes by category so styling and finding just the right outfit becomes easy. Thanks to the Women’s Auxiliary, the Clothes Closet now has a separate cabin for sorting and storage, to ensure that only appropriate items are given to clients.

When asked what they enjoy most about volunteering in the Clothes Closet, Anja, Ann and Susan all agree that they love watching women’s self-esteem and confidence improve with a new set of clothes.

In the future, they look to enhance the Clothes Closet by creating a boutique shopping experience for clients. Their wish list includes new lighting, a fresh coat of paint, clothing displays, and an air purifier.

“It leaves a great feeling for them, and that leaves us feeling great as well”
Ann Joseph

When the three are not serving as the backbone of the Nexus Clothes Closet, Anja is spending time with her grandchildren and serving other nonprofits. Ann designs gardens and works part-time as an Interior Designer. And Susan runs her business, BiniChic.



Anja Woodson and Ann Joseph

MAKE AN IMPACT

\$50	Provides 1 month of DETOXIFICATION MEDS for 4 clients
\$170	Provides 1 day of INPATIENT treatment for 1 client
\$250	Provides 1 month of DETOXIFICATION MEDS for 20 clients
\$500	Provides 1 month of HOT MEALS to a client and her children
\$1,200	Provides 1 week of INPATIENT treatment for 1 client

THANK YOU TO OUR DONORS

- Doswell Foundation - \$200,000
- Lyda Hill Foundation - \$110,000
- Annual Appeal - \$208, 800
- Women’s Auxiliary Spring Luncheon - \$200,000
- Mary Kay - \$24,700 in-kind



DID YOU KNOW?

You can make a gift to Nexus with stock or through your will.

Photos: Alicia Peoples/Nexus

NEXUS RECOVERY CENTER

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