

2022 Annual Report

Security - Community - Dignity



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100%

of board members gave to and/or solicted donations for Nexus Recovery Center

Financial Summary

Statement of operations for period September 1, 2021 to August 31, 2022.

Program Services

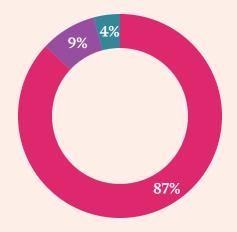
\$10,554,845

General & Administrative

\$1,089,251

Fundraising

\$520,360



TOTAL EXPENSES

\$12,164,456

Staff

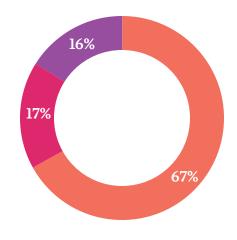
\$8,112,531

Facility

\$2,122,390

Basic Needs

\$1,929,535



EXPENSES BREAKDOWN

\$12,164,456

Treatment Revenue

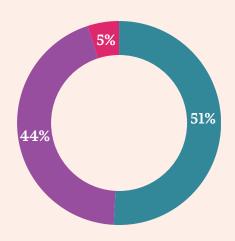
\$7,981,143

Private Donations & Grants

\$6,907,319

Other Revenue

\$725,050



TOTAL REVENUE

\$15,613,512

Our Clients

Nexus Recovery Center provides a genderspecific, trauma-informed continuum of care that not only addresses a woman's substance use disorder, but also the factors causing it and its consequences.

In fiscal year 2022, Nexus served **1,814** adult clients and **184** of their accompanying children.

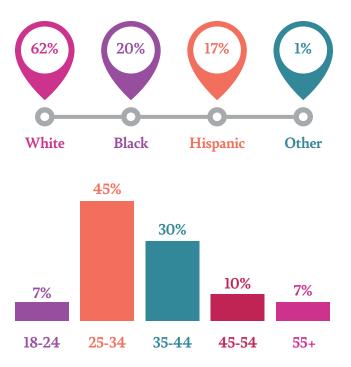
Of the women we served:

- 98% were low-income
- 38% identified as persons of color
- 23% were homeless at the time of admission
- 83% had some involvement in the justice system



ways to solilities sibilities sibilities

CLIENT DEMOGRAPHICS



Recovery on Campus

ADULT WOMEN

The **Adult Women** (AW) program serves women ages 18 and older. Clients' calendars are filled with one-on-one counseling and group treatment. Our AW Clients also engage in activities that aim for the heart of their disorder. The goal is to treat their issues, as they continue to weave life skills and foster a like-minded community of people in recovery.

"I am grateful that Nexus is able to be there for women that may not be able to get treatment anywhere else. For me, it was one of the very few options. I'm glad that it was able to be there for me whenever I needed it and it got me to where I am today."

-Laura D.







1,171 adult women clients served



20 days as average length of stay

PREGNANT AND PARENTING WOMEN WITH CHILDREN

The **Pregnant and Parenting Women with Children** (PPWC) program serves adult women in all stages of pregnancy, as well as mothers with up to three children aged 0-12. Each client receives a comprehensive treatment plan that includes a full roster of parenting education classes, postpartum planning and skills classes, as well as parent-child counseling sessions.



21

Nexus-born babies



145

Pregnant clients served



184

Children served

CHILD DEVELOPMENT CENTER

Nexus' **Child Development Center** (CDC) is a licensed childcare center serving infants through school-aged children so that clients and alumni can focus on their recovery journey. The CDC offers speech therapy, occupational therapy, and physical therapy for children in our residential programs, and accepts childcare assistance through Childcare Group.

NEXUS GENERATIONS

Nexus Generations provides comprehensive services to pregnant and parenting women. Through this program, each client participates in several hours of parenting education per week and attends support groups to help on her recovery journey and prepare for motherhood. Counselors and advocates work with each expectant mother to ensure that navigation through complex family systems is more seamless.



Health Services

DETOX PROGRAM

Clients entering residential treatment may experience life-threatening symptoms as they go through withdrawal, so our **Detox Program** provides constant monitoring, medication, and care from nurses and work daily with detox-specific counselors.

Our experienced detox counselors use motivational interviewing to help clients develop a comprehensive recovery program that includes relapse prevention plans and overdose prevention plans to ensure long-term recovery



MEDICATION ASSISTED TREATMENT

Opioid (Heroin, Fentanyl) use disorder is a chronic disease that can permanently alter the brain. Nexus' **Medication Assisted Treatment** program provides medications in combination with counseling and behavioral therapies for the treatment of some opioid use disorders.

Pregnant women enrolled in this program, even those in the late stages of pregnancy, have dramatically improved birth outcomes, allowing Nexus born infants a different chance at life than they would have experienced otherwise.







161
clients received harmreduction opioid treatment



PSYCHIATRIC SERVICES

Nexus' approach involves meeting a woman where she is in her recovery journey and addressing all barriers to recovery. For some clients, **Co-Occurring Psychiatric and Substance Use Disorders** (COPSD) must be addressed together as part of their treatment.

Our medical providers offer psychiatric evaluations and medication management to our clients. In addition, our master's level counselors are equipped to address the complex needs of each client, and use evidence-based treatment approaches to treat co-occurring mental health disorders and the complex trauma that may underlie substance use disorder.

BASIS-24 SURVEY OUTCOMES

One of our clinical assessment tools is the 24-item Behavior and Symptom Identification Scale, **BASIS-24**, a leading behavioral health assessment tool designed to assess the outcome of mental health or substance use disorder treatment from the client's perspective.

Overall, Nexus clients showed a **54%** overall improvement on the BASIS-24 survey, signifying a clinically meaningful improvement in six major areas of difficulty and/ or distress, including: depression/functioning, relationships, self-harm, emotional lability, psychosis, and substance abuse.



582

clients received psychiatric services



54% of clients showed

overall improvement

Depression/Functioning:

61% improvement

Relationships:

42% improvement

Self Harm:

83% improvement

Emotional Lability:

44% improvement

Psychosis:

58% improvement

Substance Abuse:

53% improvement

Overall (all categories):

54% improvement



In The Community

OUTPATIENT PROGRAM

Nexus' **Outpatient Program** serves as a primary treatment for women or as a step-down from residential treatment. Out outpatient staff provide individualized plans and support networks for women managing daily living and recovery. By engaging in ongoing group and individual counseling, clients develop coping skills that make for sustainable, long-term recovery.



419
outpatient
clients served



59% of clients reported a life-changing impact 60 days after leaving treatment.



90%
of alumni reported
their family was
positively impacted



RECOVERY SUPPORT SERVICES

Recovery Support Services offers experience, strength, and hope to women in recovery. Our certified Peer Specialists provide creative solutions, practical guidance, and education as well as employment and housing assistance.

Using personal lived experience to connect with clients, Peer Specialists extend the reach of treatment beyond the clinical setting into the everyday environment of those seeking a successful, sustained recovery process.

Philanthropic Partners

THE AUXILIARY OF NEXUS

The Auxiliary of Nexus helps support and promote the interests of Nexus Recovery Center by putting in countless volunteer hours each year, planning and implementing special events to raise money for Nexus. This mission is accomplished by the following methods.

- Building a strong and active membership
- Stimulating public awareness
- Financially supporting Nexus services

YOUNG SUPPORTERS COUNCIL

The **Young Supporters Council** (YSC) is a unique circle for individuals 40 and under. who are passionate about recovery and seeking social networks to support our community.





VOLUNTEERS

Nexus relies on the unwavering dedication and commitment of its **volunteers**, who take time out of their busy schedules to improve our campus, lead support groups, or help run fundraising events. Last year, we had **83** new volunteers, including groups from McCarthy, Pepsi/Frito-Lay, and SMU.



83
new volunteers in 2022

Thank You To Our Donors

Nexus is so thankful for our donors who help improve the lives of thousands of women and children each year. Through their generosity, Nexus raised **\$6,907,319** during our 2022 fiscal year.

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