




 NEXUS
 RECOVERY CENTER, INC.

THE NEXUS JOURNEY

THE MIRACLE OF RECOVERY

OUR MISSION

The mission of Nexus Recovery Center is to serve as a link to sobriety, independence and dignity for low-income women and their families affected by addiction. We inspire hope, offer respect, and honor the unique differences of female addicts.

Reflections Luncheon Honors Auxiliary Founders

This year's Women's Auxiliary of Nexus Spring Luncheon was aptly named *Reflections*, as the theme of the event was to reflect on the beginnings of the Auxiliary and to honor the founders who started the group in 1996. Three women, Doris Anton, Rosemary Briggs, and Wylodean Saxon came together and called upon their friends to support Nexus. Now, more than a decade later, the Women's Auxiliary boasts a membership of 300 and generously supports Nexus and the women and children we serve.



Auxiliary President Carolyn Waghorne and Luncheon Chair Carole Ann Brown

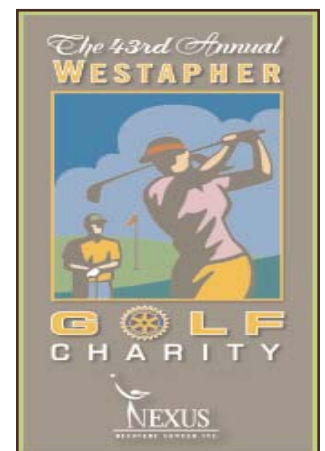
Reflections continued on page 2

Westapher Golf Charity to Benefit Nexus Recovery Center

The Westapher Golf Charity is right around the corner. Join the Preston Center Rotary Club on October 12 and 13, 2008 at the Northwood Club for The 43rd Annual Westapher Golf Charity.

The event begins the evening of Sunday, October 12 with dinner and a live and silent auction and culminates Monday, October 13 with a round of golf on the beautiful course that was redesigned in 1990 by Jay Morish and PGA Pro, Tom Weiskopf. Proceeds from the event benefit Nexus Recovery Center.

For additional information call 214.321.0156 extension 2102.



INSIDE THIS ISSUE

Board of Directors	2
Auxiliary News	2
Program News.....	4
Donor News	6

Reflections (continued from page 1)

This year's speaker was Carol Gardner, internationally renowned author of *Zelda Wisdom*. Ms. Gardner presented a program filled with inspiration, humor, and life's lessons. More than 300 guests attended the sold-out event at Dallas Country Club.

Carole Ann Brown chaired this year's luncheon and had this to say about her experience, "This event took a lot of love and hard work and it produced incredible results. I am happy to report this year's luncheon raised more than \$65,000. I have never been so touched by the generosity of the people contacted."

Founding member, Rosemary Briggs, graciously underwrote expenses for this year's luncheon speaker. Other underwriters and sponsors include 3000 Turtle Creek, A Classic Residence by Hyatt, Mike A. Myers Foundation, Roxanne R. Phillips, Bill Saxon, and Dee Wyly. All Occasion florist donated the floral arrangements for the event. Carolyn and Rick Waghorne hosted the underwriter's party in their home. A very special thank you goes out to the sponsors, volunteers, and everyone who attended the luncheon.

Each year the Women's Auxiliary raises funds to support the programs at Nexus. To learn more about how the Auxiliary impacts the women and children served by Nexus or to learn how become a member, please visit www.nexusrecovery.org or contact the Development Office at 214.321.0156 ext. 2104.



08-09 Auxiliary President Leigh Olson and Auxiliary Member Ella Banks



Auxiliary Member Cai Glackin and husband Robin



Auxiliary Members Betty Reiter and Pat Granowski, and guest Naveen Manori



Bill Saxon and son Steve Saxon, Nexus Board Member



Auxiliary Founder Rosemary Briggs and Luncheon Speaker Carol Gardner



Nexus Executive Director Becca Crowell and Board Member Cynthia Kirven Arterbery

BOARD OF DIRECTORS

Reem Samra, President
 Charles Schwartz, President Elect
 Lynda Zimmerman, Vice President
 Cynthia Kirven Arterbery, Secretary
 Steve Saxon, Treasurer
 Nicole Blythe
 Nancy Bush
 Deborah Collins
 Ann Diamond
 Frank M. Dyer, II
 Janet Ferguson
 Patti Flowers
 Jonna LaGrone-Haynes
 Dr. Yolanda Lawson
 Jan Madigan

Audrey Moorehead
 Karl G. Nelson
 Jeannie Nethery
 Laura Reilly O'Hara
 Karen Rogers
 David H. Rosenberg
 Shari Hughes Scott
 Ed Tauriac, Jr.
 Maria Viera-Williams
 Cheryl J. Walton
 Leigh Olson
 President, Women's Auxiliary

ADVISORY COUNCIL

Beth Anderson
 Dr. Ron Anderson

Kent A. Caperton
 Rita C. Clements
 Dr. Paul K. Conner
 The Honorable John C. Creuzot
 Mac Davis
 Janet V. Elizondo
 Larry Gatlin
 Caroline Rose Hunt
 Chancellor Lee F. Jackson
 The Honorable Faith Johnson
 Henry S. Miller, III
 R. Clayton Mulford
 Dr. Eric J. Nestler
 Mrs. George A. Shutt
 Dr. Richard L. Voet

THE NEXUS JOURNEY
THE MIRACLE OF RECOVERY

The Nexus Journey is published by Nexus Recovery Center, Inc.

For comments, suggestions, or more information, please call 214.321.0156 ext. 2104.

Editor: Cynthia Blackfox
 Writer: Abby Foster

Nexus Joins DPD in New Initiative

The Dallas Police Department (DPD) has identified the I-20 corridor between Lancaster Road and Bonnie View Road in Dallas County as one of the areas with the highest concentration of active prostitution in the City of Dallas. The corridor consists of four major truck stops where an estimated 800 women engage in prostitution. On any given night, as many as 40 to 60 of these women are prostituting themselves for as little as \$5 just to get enough money to continue their drug habit for another day.

Historically, the DPD's approach to this problem has been aggressive enforcement by uniformed patrol officers. Unfortunately these efforts have only been successful in moving visible foot traffic from the streets into the big rigs themselves. In an effort to find a solution to this problem the DPD proposed a joint initiative in partnership with Dallas' DIVERT court to address the root of the issue: the drug addiction driving the prostitutes.

Sergeant Louis Felini has been key in developing this initiative from the ground up. The program is designed to give active prostitutes an opportunity to break out of the cycle of drug abuse and prostitution. "Many, if not all, arrests resulted in only a temporary solution, due in part to the turnaround time on these types of offenses. The prostitutes view the arrests as the cost of doing business and, upon release, will return back to the only environment and option they

believe they have for survival," said Sergeant Felini.

Recognizing that the current system is not reducing the number of prostitutes in the area, DPD is partnering with a handful of local agencies and the DIVERT court in developing this joint initiative. Under the new program, DPD will conduct monthly prostitution sweeps in the targeted area. The prostitutes will be given the opportunity to enter treatment in lieu of going to jail, and will be required to complete the treatment program in order to avoid prosecution.

Once each month a mobile city is created in the heart of the I-20 corridor. The DPD, Dallas County Health Department, and the Dallas County Sheriff's Department all arrive with their mobile units. Nexus staff is on-site from 8 p.m. to 2 a.m. to administer screenings and assessments to each woman brought in by the police. The Sheriff's Department acts as a mobile courtroom. If the woman is eligible for treatment, the judge completes a 45-day treatment order and the woman is immediately transported to a treatment facility to begin the process of recovery and healing.

In preparation for this new venture, Nexus Outpatient Director, Sam Hilliard had the opportunity to ride with a DPD officer to see the corridor for himself. "When the evening shift started, around 6 p.m., the women began filing out of alleyways in droves. It was a heartbreaking site.

Some of these women don't even know there are service agencies available to them. I was so glad to have the opportunity to meet the women and to let them know help is here," Hilliard said.

Since beginning the program in October of last year, Nexus has served six women from this project. The women are all ages and races. Some were homeless, some were HIV positive, and some had other serious medical issues. One woman came in through this project pregnant and we are happy to report that she gave birth to a healthy baby while in residence at Nexus.

While all of the women have different circumstances, all of them agree on one thing: they are thankful for Nexus. One client had this to say, "I never knew a place like this was available, especially for a person like me. But it is and I'm so thankful you found me."

Wish List

Nexus needs the following items:

- Bus passes for our outpatient clients
- Grocery gift certificates for our outpatient clients
- Infant formula and diapers
- Maternity clothes
- Women's underwear
- Office and school supplies
- School uniforms
- Toiletries
- Twin sheets, bedspreads and comforters

Donor News

The Container Store Gives New Closet System

The Nexus clothes closet is one of the most important and frequently used services we offer our clients. Oftentimes, a woman enters treatment with only the clothes on her back. The clothes closet was created to help these women and to serve as a boutique for our clients to “shop” for the clothing they need.

Thanks to our supporters in the community we have seen an increase in clothing donations which has allowed us to better meet the needs of our clients. This created a dilemma as the shelving in our clothes closet was more than 10 years old and was deteriorating; we either had to accept fewer donations to keep our shelving intact or find a way to purchase new shelving. Fortunately, Dee Velvin, a member of our Women’s Auxiliary, had a relationship with The Container Store and offered to connect Nexus with The Container Store’s community relations team.

The community relations team was instantly on board with Nexus and offered to donate the design for a new closet system and the elfa shelving needed. A team of three designers from the NorthPark store came to Nexus. They installed new shelving for our closet which included additional hanging space, increased capacity for shoe storage, and a new drawer system to help organize children’s clothing and undergarments.

Today we have increased storage space and can accommodate more of what our clients need. On behalf of our clients, we extend our sincere appreciation to Dee Velvin and The Container Store NorthPark team for making the Nexus clothes closet new and functional.

Corporations and Foundations Support Nexus

Nexus Recovery Center relies on community support to help us provide substance abuse treatment to women. In recent months, the following foundations and corporations gave grants to Nexus and we are truly thankful.

Recovery Circles Foundation, \$15,000 for Aftercare
Horace C. Cabe Foundation, \$15,000 for Adolescents
Kimberly-Clark Foundation, \$10,000 for operating support
Bestway Rent-to-Own
Ed Haggar Family Foundation

Home Steps/Freddie Mac Foundation
HUB International
W.P. and Bulah Luse Foundation
Harry S. Moss Foundation
Women of Saint Michael



HUB International employees present check to Nexus Executive Director Becca Crowell (second from right)



Bestway Rent-to-Own presents check to Nexus. From left, Bestway CEO & President David A. Kraemer, Nexus Executive Director Becca Crowell, and Bestway CFO Beth A. Durant

Nexus Welcomes New Staff

Natalie Ridley Baerwaldt was promoted to Director of Children's Services in January. Before her promotion, she supported the development and administrative functions within the agency. She has a Master's degree in Development and Family Studies from the University of North Texas and is using her education to take Children's Services to a new level by training her staff so they can obtain their Child Development Associate credentials.

Cynthia Blackfox joined the Nexus team in May as the Director of Development and Public Relations. She brings nearly 30 years of experience in nonprofit management and fund development to Nexus. Her fund development experience ranges from simple direct mail soliciations to complex special events. Cynthia previously worked at Camp Fire USA Lone Star Council where she was the Interim Executive Director/Director of Development.

Victoria Faust rejoined the Nexus team in July as an Advanced Practice Nurse doing psychiatric evaluations and medication management for Nexus residential clients. She worked at Nexus in the 1990s as a counselor in the Women & Children's Program. She has 35 years experience working in psychiatric nursing and addiction treatment programs. She comes to Nexus from Parkland Hospital where she worked in the Psychiatric Emergency Room.

Cindy Seamans, PhD, joined the Nexus team in June as the Director of the Adult Women Program and Research Coordinator. She is a licensed Psychologist and Licensed Professional Counselor Supervisor and earned her Doctorate in Counseling Psychology from Texas Woman's University. Cindy has a wealth of counseling and supervisory experience and comes to Nexus from Dallas County adult probation where she was Supervisor for Counseling Services.



ADDRESS SERVICE REQUESTED

NON-PROFIT
U.S. POSTAGE
PAID
DALLAS, TX
PERMIT # 3363



www.nexusrecovery.org

Fax: 214.321.3096

Phone: 214.321.0156

Dallas, TX 75227

8733 La Prada Drive

Nexus Recovery Center

RECOVERY CENTER INC.